

Sportangebot SC Wörthsee Wintersaison - November bis April

Zeit	Montag	Zeit	Dienstag	Zeit	Mittwoch	Zeit	Donnerstag	Zeit	Freitag	Zeit				
08:00 - 08:15		08:00 - 08:15		08:00 - 08:15		08:00 - 08:15		08:00 - 08:15		08:00 - 08:15				
08:15 - 08:30	Fitness-gymnastik	08:15 - 08:30		08:15 - 08:30		08:15 - 08:30		08:15 - 08:30	Rücken-fit	08:15 - 08:30				
08:30 - 08:45		08:30 - 08:45		08:30 - 08:45	Fitness-gymnastik	08:30 - 08:45		08:30 - 08:45						
08:45 - 09:00		08:45 - 09:00		08:45 - 09:00		08:45 - 09:00		08:45 - 09:00						
09:00 - 09:15		09:00 - 09:15		09:00 - 09:15		09:00 - 09:15		09:00 - 09:15						
09:15 - 09:30		09:15 - 09:30		09:15 - 09:30		09:15 - 09:30		09:15 - 09:30						
09:30 - 09:45	09:30 - 09:45		09:30 - 09:45	09:30 - 09:45			09:30 - 09:45							
09:45 - 10:00	09:45 - 10:00		09:45 - 10:00	09:45 - 10:00		09:45 - 10:00		09:45 - 10:00						
13:15 - 13:30		13:15 - 13:30		13:15 - 13:30		13:15 - 13:30		13:15 - 13:30		13:15 - 13:30				
13:30 - 13:45		13:30 - 13:45		13:30 - 13:45		13:30 - 13:45		13:30 - 13:45	Ballett Kinder ab 3 Jahre	13:30 - 13:45				
13:45 - 14:00		13:45 - 14:00		13:45 - 14:00		13:45 - 14:00		13:45 - 14:00						
14:00 - 14:15		14:00 - 14:15		14:00 - 14:15	Ballett Kinder ab 6 Jahre	14:00 - 14:15		14:00 - 14:15						
14:15 - 14:30		14:15 - 14:30		14:15 - 14:30		14:15 - 14:30		14:15 - 14:30						
14:30 - 14:45		14:30 - 14:45		14:30 - 14:45		14:30 - 14:45		14:30 - 14:45						
14:45 - 15:00		14:45 - 15:00		14:45 - 15:00		14:45 - 15:00		14:45 - 15:00						
15:00 - 15:15	Eltern-Kind-Turnen	15:00 - 15:15	Gerätturnen Jungs	15:00 - 15:15		Geräte turnen 1. und 2. Klasse Mädels	15:00 - 15:15		15:00 - 15:15	Ballett Kinder ab 3 Jahre	Turnen Wett-kampfkinder 1.-4. Klasse			
15:15 - 15:30		15:15 - 15:30		Vorschulturnen	15:15 - 15:30		15:15 - 15:30	15:15 - 15:30				15:15 - 15:30		
15:30 - 15:45		15:30 - 15:45			15:30 - 15:45		15:30 - 15:45	15:30 - 15:45				15:30 - 15:45		
15:45 - 16:00		15:45 - 16:00			15:45 - 16:00		15:45 - 16:00	15:45 - 16:00	Fußball G1-Jugend			15:45 - 16:00		
16:00 - 16:15		16:00 - 16:15		Karate Anfänger Bonsai	16:00 - 16:15		16:00 - 16:15	16:00 - 16:15				Fußball E1/E2 Jugend	16:00 - 16:15	
16:15 - 16:30	16:15 - 16:30		16:15 - 16:30	16:15 - 16:30	16:15 - 16:30	Ballzwerge	16:15 - 16:30							
16:30 - 16:45	Handball B-Jugend weiblich	16:30 - 16:45	Handball Bambinis und Minis	16:30 - 16:45	Ballett Kinder ab 8 Jahre		16:30 - 16:45			16:30 - 16:45	Ballett Kinder ab 11 Jahre		Turnen Wett-kampfkinder 5-6	
16:45 - 17:00		16:45 - 17:00					16:45 - 17:00	16:45 - 17:00		16:45 - 17:00				
17:00 - 17:15		17:00 - 17:15		Karate Anfänger Kids			17:00 - 17:15	17:00 - 17:15	17:00 - 17:15					17:00 - 17:15
17:15 - 17:30		17:15 - 17:30					17:15 - 17:30	17:15 - 17:30	17:15 - 17:30	WingTsun Kids (5 - 10 Jahre)		17:15 - 17:30		
17:30 - 17:45		17:30 - 17:45				17:30 - 17:45	17:30 - 17:45	17:30 - 17:45				17:30 - 17:45		
17:45 - 18:00	17:45 - 18:00		17:45 - 18:00	17:45 - 18:00	17:45 - 18:00		17:45 - 18:00							
18:00 - 18:15		18:00 - 18:15		18:00 - 18:15	Energy-Dance	18:00 - 18:15		18:00 - 18:15	Turnen Wett-kampfkinder 7+8					
18:15 - 18:30	Handball C-Jugend weiblich	18:15 - 18:30	Senioren sport	18:15 - 18:30		18:15 - 18:30	Handball C und B-Jugend weiblich	18:15 - 18:30			WingTsun Teens (10 - 16 Jahre)	18:15 - 18:30	Fußball F1-Jugend	
18:30 - 18:45		18:30 - 18:45				18:30 - 18:45		18:30 - 18:45		18:30 - 18:45				18:30 - 18:45
18:45 - 19:00		Volleyball Jugend		18:45 - 19:00		Tisch-tennis Jugend		18:45 - 19:00		18:45 - 19:00				18:45 - 19:00
19:00 - 19:15		19:00 - 19:15		Karate Anfänger Erwachsene/Jugendliche ab 12		19:00 - 19:15		19:00 - 19:15		19:00 - 19:15				19:00 - 19:15
19:15 - 19:30		19:15 - 19:30			19:15 - 19:30	19:15 - 19:30		19:15 - 19:30		19:15 - 19:30				
19:30 - 19:45		19:30 - 19:45	Fußball A und B Jugend	19:30 - 19:45	Zumba	19:30 - 19:45	Ballett Damen	19:30 - 19:45	Skigymnastik	19:30 - 19:45				
19:45 - 20:00	Energy Dance	19:45 - 20:00		19:45 - 20:00		19:45 - 20:00		19:45 - 20:00			19:45 - 20:00			
20:00 - 20:15		20:00 - 20:15				20:00 - 20:15		20:00 - 20:15			20:00 - 20:15			
20:15 - 20:30		20:15 - 20:30		Kick-Box		20:15 - 20:30		20:15 - 20:30		20:15 - 20:30		20:15 - 20:30		
20:30 - 20:45		Volleyball Erwachsene		20:30 - 20:45		Tisch-tennis Erwachsene		20:30 - 20:45		20:30 - 20:45	Ball-sport Ü30	20:30 - 20:45		20:30 - 20:45
20:45 - 21:00		20:45 - 21:00		20:45 - 21:00	20:45 - 21:00	20:45 - 21:00		20:45 - 21:00						
21:00 - 21:15	21:00 - 21:15		21:00 - 21:15	21:00 - 21:15	21:00 - 21:15	Wohlfühl Yoga	21:00 - 21:15		21:00 - 21:15					
21:15 - 21:30	21:15 - 21:30		21:15 - 21:30	21:15 - 21:30	21:15 - 21:30			21:15 - 21:30						
21:30 - 21:45	21:30 - 21:45		21:30 - 21:45	21:30 - 21:45	21:30 - 21:45			21:30 - 21:45						
21:45 - 22:00	21:45 - 22:00		21:45 - 22:00	21:45 - 22:00	21:45 - 22:00			21:45 - 22:00						

Stand: 25.04.2022

[www.sc-woerthsee.de](http://www.sc-woerthsee.de)